

High School Breakfast Menu

Cycle Week Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Cinnamon Toast C Pastry Mini Cinnis Breakfast Bites French Toast Sticks (IW)	Wild Mikes Brk Pizza Tornado Sausage Cheese Biscuit Mini Pancakes	Pancake/Sausage Stick Apple Jammer Mini Cinnis Long John	Wild Mikes Brk Pizza French Toast/Sausage (syrup) Sausage Cheese Biscuit Mini Pancakes	Dutch Waffles Tornado Breakfast Bites French Toast Sticks (IW)

<i>Available Daily (variety based on availability)</i>		
Grain/Yogurt Combo	Any Two of These	Plus Fruit and/or Milk
<u>Cereal</u> Apple Jacks Golden Grahams Froot Loops Lucky Charms	<u>Cereal Bars</u> Cocoa Puffs Cinnamon Toast Crunch Trix	<u>Yogurt</u> Vanilla Strawberry (must take 1 grain with yogurt)

<i>Available Daily (variety based on availability)</i>			
Grain Combo	Any 1 of these	Plus Fruit and/or Milk	
<u>Benefit Bar</u> French Toast Oatmeal Chocolate Chip Double Chocolate Chip	<u>Breakfast Buns</u> Apple/Cinnamon Bun	<u>Muffin</u> Blueberry Double Chocolate Chip	<u>Breakfast Breads</u> Banana Cinnamon Mini Donuts Uncrustables