

Monday

Tuesday

Wednesday

Thursday

Friday



May 1 - B

A. Egg & Cheese Slider
B. Apple Jacks Pouch & String Cheese
 Apple Slices
 Milk, Juice

B

A. French Toast Sticks & Sausage Links
B. Corn Dog
Y. Yogurt & Muffin
 Romaine Salad
 Skillet Potatoes
 Pears
 Peaches

L

May 2 - C

A. Mini Pancakes
B. Cinnamon Toast Crunch bar & Yogurt
 Banana
 Milk

B

A. Stuffed Crust Pepperoni Pizza
B. Taco Salad
Y. Wow Butter Sandwich & String Cheese
 Shredded Lettuce
 Diced Tomatoes
 Taco Fiesta Black Beans
 Strawberries & Bananas
 Orange Wedges

L

May 3 - D

A. Dutch Waffle
B. Golden Graham Pouch & Yogurt
 Orange Craisins
 Milk, Juice

B

A. Cheeseburger on Bun
B. Fish Sticks & Roll
Y. Yogurt & Cracker Crisps
 Romaine & Spinach Salad
 California Veggies
 Apple Slices
 Sugar Cookie

L

May 6 - E

A. Cereal & String Cheese
B. Cinnamon Bread
 Berry Applesauce Cup
 Milk
 Juice

B

LUCKY TRAY DAY!
A. Chicken Nuggets & Roll
Y. Yogurt & Mini Pancakes
 Pinto Beans
 Mashed Potatoes & Gravy
 Fresh Broccoli
 Pineapple

L

May 7 - A

A. Cereal & Yogurt
B. Dark Chocolate Chip Benefit Bar
 Mandarin Orange Cup
 Milk, Juice

B

A. Country Breaded Steak Sandwich (bun)
B. Cheese Bosco w/ Marinara
Y. Wow Butter Sandwich & String Cheese
 Grape Tomatoes
 Power Salad
 Strawberries & Peaches
 Brownie

L

May 8 - B

A. French Toast & Sausage Links
B. Lucky Charms Pouch & String Cheese
 Apple Slices
 Milk, Juice

B

A. Cinnamon Twist & Sausage Links
B. Mini Corn Dogs
Y. Yogurt & Muffin
 Green Beans
 Baby Carrots
 Pears
 Applesauce

L

May 9 - C

A. Cheese Stuffed Pretzel
B. Trix Bar & Yogurt
 Clementine
 Milk
 Juice

B

A. Popcorn Chicken & Roll
B. Spaghetti & Meatballs
Y. Wow Butter Sandwich & String Cheese
 Romaine Salad
 Corn
 Apple Slices
 Fruit Cocktail

L

May 10 - D

A. Bacon Breakfast Pizza
B. Froot Loops Pouch & String Cheese
 Strawberry Craisins
 Milk, Juice

B

A. Cheese Pizza
B. Mozzarella Cheese Sticks & Marinara
Y. Yogurt & Cracker Crisps
 Peas & Carrots
 Fresh Red Peppers
 Mandarin Oranges
 Grapes
 Lemon Berry Fruit Swirl

L

May 13 - E

A. Cereal & String Cheese
B. Muffin
 Cinnamon Applesauce Cup
 Milk
 Juice

B

A. Mac & Cheese w/ Roll
B. Southern Drumstick & Roll
Y. Yogurt & Mini Pancakes
 Romaine & Spinach Salad
 Green Beans
 Pears
 Carnival Cookie

L

May 14 - A

A. Cereal & Yogurt
B. Apple Cinnamon Roll
 Diced Pear Cup
 Milk
 Juice

B

A. Chicken Strips & Roll
B. Breaded Chicken Sandwich
Y. Wow Butter Sandwich & String Cheese
 Romaine & Spinach Salad
 Grape Tomatoes
 Peaches
 Rosy Applesauce

L

May 15 - B

A. Pancake Sausage Stick
B. Golden Grahams Pouch & String Cheese
 Diced Pear Cup
 Apple Slices
 Milk, Juice

B

A. French Toast Sticks & Sausage Links
B. Corn Dog
Y. Yogurt & Muffin
 Potato Triangles
 Baby Carrots
 Mandarin Oranges
 Pineapple

L

May 16 - C

A. Mini Pancakes
B. French Toast Benefit Bar
 Banana
 Milk
 Juice

B

A. Stuffed Crust Pepperoni Pizza
B. Teriyaki Chicken w Rice
Y. Wow Butter Sandwich & String Cheese
 Romaine Salad
 Fresh Veggies & Ranch
 Strawberries & Bananas
 Vanilla Pudding

L

May 17 - D

A. Breakfast Bites
B. Apple Jacks Pouch & Yogurt
 Blueberry Craisins
 Milk
 Juice

B

A. Cheeseburger w/ Bun
B. Cheese Ravioli W/ Roll
Y. Yogurt & Cracker Crisps
 Salad Mix
 Fries
 Baked Beans
 Fruit Cocktail

L

May 20 - E

A. Cereal & String Cheese
B. Banana Bread
 Strawberry Applesauce Cup
 Milk
 Juice

B

A. Chicken Tender Bites & Roll
Y. Yogurt & Mini Pancakes
 Romaine Salad
 Corn
 Applesauce
 Tropical Fruit

L

May 21 - A

A. Cereal & Yogurt
B. Oatmeal Chocolate Chip Benefit Bar
 Clementine
 Milk, Juice

B

A. Hot Dog w/ Bun
Y. Wow Butter Sandwich & String Cheese
 Fresh Baby Carrots
 Creamy Broccoli Salad
 Strawberries/Peaches

L

May 22 - B

A. Pancake Sausage Stick
B. Froot Loops Pouch & String Cheese
 Apple Slices
 Milk, Juice

B

A. Mini Corn Dogs
Y. Yogurt & Muffin
 California Veggies
 Romaine Salad
 Pears
 Pineapple

L


May 23

A. Cinni Minis
B. Cocoa Puff Bar & Yogurt
 Cherry Craisins
 Milk, Juice

B

SCHOOL'S OUT!

L



Café 233 Milk/ Juice Choices

Breakfast choices vary depending on location.

Bolded breakfast items available at **Grab-n-Go Breakfast**. Check with your school for details on menu items and serving times.

Daily Milk Choices:
 1% White, 1% Chocolate

Daily 100% Juice Choices:
 Apple, Orange

We are eager to start up our Summer Lunch Program that will provide free lunches to children ages 1-18 years. The program will run Monday through Thursday, June 5th through June 27th at Washington Elementary and Rolling Ridge Elementary. We will also be serving meals to enrolled summer school students at Frontier Trail, Indian Trail, Santa Fe Trail and Harmony.

Check our website for menus and more information regarding our programs! See a sample menu below:

Monday	Tuesday	Wednesday	Thursday
WG Chicken Nuggets Steamed Baby Carrots Green Beans Pineapple Milk, 1% & Chocolate, Skim	Hot Dog Grape Tomatoes Applesauce Pears Milk, 1% & Chocolate, Skim	Chicken Patty Sandwich Corn Frozen Fruit Swirl Mandarin Oranges Milk, 1% & Chocolate, Skim	Stuffed Crust Pepperoni Pizza Cucumbers Strawberries & Bananas Tropical Fruit Milk, 1% & Chocolate, Skim Baked Dessert



May 2019



Breakfast & Lunch



Café 233

Do you have a question for Cafe 233? Visit our website at www.olatheschools.org/cafe233.
The USDA is an equal opportunity provider and employer.



May Grill Day!

Celebrate School Lunch

- A. Grilled Hamburger
- B. Grilled Hot Dog
- Y. Yogurt & Mini Pancakes
- Romaine/Onion/Tomato/Pickles
- Cheddar Sun Chips
- Baked Beans
- Baby Carrots
- Grapes*
- Frozen Fruit Swirl

Woodland	Wednesday	May 1, 2019
Westview	Thursday	May 2, 2019
Briarwood	Friday	May 3, 2019
Bentwood	Monday	May 6, 2019
Cedar Creek	Tuesday	May 7, 2019
Havencroft	Wednesday	May 8, 2019
Ravenwood	Thursday	May 9, 2019
Pleasant Ridge	Friday	May 10, 2019
Countryside	Monday	May 13, 2019
Indian Creek	Tuesday	May 14, 2019
Central	Wednesday	May 15, 2019
Prairie Center	Thursday	May 16, 2019
Millbrooke	Friday	May 17, 2019

Washington Monday May 20, 2019



*Fruit may be substituted depending on seasonal availability



Do you have a food allergy? Wondering which items have pork in them? Do you need to know how many carbohydrates are in a food item? Check out our website for ingredient labels and nutrition facts.
www.olatheschools.org/cafe233



Friday, May 3rd is School Lunch Hero Day!

School Lunch Hero Day is a nationwide celebration hosted by Jarrett J. Krosoczka, author and illustrator of the popular **LUNCH LADY** graphic novel series, the School Nutrition Association and Random House Children's Books. School Lunch Hero Day gives schools and communities the opportunity to thank the school nutrition professionals who serve 30 million students

each day. Creative ideas, downloads in English and Spanish and details are available at www.SchoolLunchHeroDay.com. Please help us in thanking our nutrition staff for all the hard work they do throughout the year! Have a great summer and we will see you next year!

Café 233



Please visit www.olatheschools.org/cafe233 and click on **Catering and Classroom Treats** for details!

Café 233 Job Openings

Check out our current openings at CafeJobs. OlatheSchools.com, and click on the 'Employment Application' link.

