

Monday

Scan with your mobile device and view menus on the go!

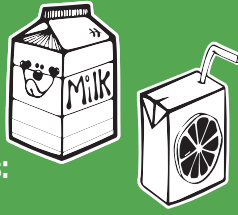


Tuesday

Café 233 Milk/Juice Choices

Breakfast choices vary depending on location. Bolded breakfast items available at Grab-n-Go Breakfast. Check with your school for details on menu items and serving times.

Daily Milk Choices: 1% White, 1% Chocolate
Daily 100% Juice Choices: Apple, Orange



Thursday

SPRING IS HERE!



Friday

March 1 - A

- A. Sausage Breakfast Pizza
B. Lucky Charms Pouch & String Cheese
Craisins - Cherry Milk, Juice

- A. Cheese Pizza
B. Nacho Bites
Y. Yogurt & Cracker Crisps
Romaine & Spinach Salad
Broccoli & Cheese
Fresh Red Pepper Slices
Grapes

March 4 - B

- A. Cereal & String Cheese
B. BB Muffin
Applesauce Cup
Milk
Juice

- A. Beef & Cheese Quesadilla
B. Breaded Chicken Sandwich
Y. Yogurt & Mini Pancakes
Romaine & Spinach Salad
Sunshine Blend Carrots
Mandarin Oranges
Chocolate Pudding

March 5 - C

- A. Cereal & Yogurt
B. Oatmeal Cinnamon Bun
Diced Pear Cup
Milk
Juice

- A. Chicken Strips & Roll
B. Italian Turkey Sub
Y. Wow Butter Sandwich & String Cheese
Shredded Lettuce
Cheesy Mashed Potatoes
Grape Tomatoes
Fruit Cocktail

March 6 - D

- A. Egg & Cheese Slider
B. Apple Jacks Pouch & String Cheese
Apple Slices
Milk, Juice

- A. French Toast Sticks & Sausage Links
B. Cheese Bosco w/ Marinara
Y. Yogurt & Muffin
Romaine Salad
Skillet Potatoes
Pears
Peaches

March 7 - E

- A. Mini Pancakes
B. Cinnamon Toast Crunch Bar & Yogurt
Banana
Milk, Juice

- A. Stuffed Crust Pepperoni Pizza
B. Taco Salad
Y. Wow Butter Sandwich & String Cheese
Shredded Lettuce, Diced Tomatoes
Taco Fiesta Black Beans
Strawberries & Bananas
Orange Wedges

March 8 - A

- A. Dutch Waffle
B. Golden Graham Pouch & Yogurt
Craisins - Orange
Milk, Juice

- A. Cheeseburger on Bun
B. Fish Sticks & Roll
Y. Yogurt & Cracker Crisps
Romaine & Spinach Salad
California Veggies
Apple Slices
Sugar Cookie

MARCH 11TH - MARCH 15TH



No School PROFESSIONAL DAY



March 19 - B

- A. Cereal & Yogurt
B. Apple Cinnamon Roll
Cinnamon Applesauce Cup
Milk
Juice

- A. Chicken Strips & Roll
B. Breaded Chicken Sandwich
Y. Wow Butter Sandwich & String Cheese
Romaine & Spinach Salad
California Veggies
Peaches
Rosy Applesauce

March 20 - C

- A. Pancake Sausage Stick
B. Golden Graham Pouch & String Cheese
Apple Slices
Milk, Juice

- A. French Toast Sticks & Sausage Links
B. Corn Dog
Y. Yogurt & Muffin
Potato Triangles
Baby Carrots
Mandarin Oranges
Pineapple

March 21 - D

- A. Mini Pancakes
B. French Toast Benefit Bar
Banana
Milk
Juice

- A. Stuffed Crust Pepperoni Pizza
B. Teriyaki Chicken w/ Rice
Y. Wow Butter Sandwich & String Cheese
Romaine Salad
Fresh Veggies & Ranch
Strawberries & Bananas
Vanilla Pudding

March 22 - E

- A. Breakfast Bites
B. Apple Jacks Pouch & Yogurt
Craisins-Blueberry
Milk
Juice

- A. Cheeseburger
B. Cheese Ravioli w/ Roll
Y. Yogurt & Cracker Crisps
Salad Mix
Fries
Baked Beans
Fruit Cocktail

March 25 - A

- A. Cereal & String Cheese
B. Banana Bread
Strawberry Applesauce Cup
Milk
Juice

- A. Chicken Tender Bites & Roll
B. Cheese Bosco w/ Marinara
Y. Yogurt & Mini Pancakes
Romaine Salad
Corn
Applesauce
Tropical Fruit

March 26 - B

- A. Cereal & Yogurt
B. Oatmeal Chocolate Chip Benefit Bar
Diced Peach Cup
Milk, Juice

- A. Hot Dog on Bun
B. Chili
Y. Wow Butter Sandwich & String Cheese
Fresh Baby Carrots
Creamy Broccoli Salad
Strawberries/Peaches
Cinnamon Roll

March 27 - C

- A. Pancake Sausage Stick
B. Froot Loops Pouch & String Cheese
Apple Slices
Milk, Juice

- A. Dutch Waffle & Sausage Links
B. Mini Corn Dogs
Y. Yogurt & Muffin
Baked Potato Smiles
Fresh Sliced Cucumber
Pears
Pineapple

March 28 - D

- A. Cinni Minis
B. Cocoa Puff Bar & Yogurt
Clementine
Milk
Juice

- A. Chicken Nuggets & Roll
B. Beef Soft Tacos
Y. Wow Butter Sandwich & String Cheese
Shredded Lettuce
Diced Tomatoes
Taco Fiesta Black Beans
Fruit Cocktail
Wild Cherry Frozen Fruit Cup

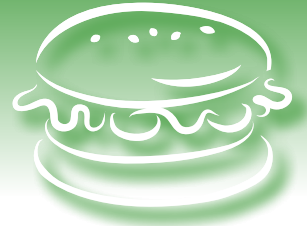
March 29 - E

- A. Sausage Breakfast Pizza
B. Lucky Charms Pouch & String Cheese
Craisins-Cherry
Milk, Juice

- A. Cheese Pizza
B. Nacho Bites
Y. Yogurt & Cracker Crisps
Romaine & Spinach Salad
Broccoli & Cheese
Fresh Red Pepper Slices
Grapes



March 2019



Breakfast & Lunch



Café 233

Do you have a question for Cafe 233? Visit our website at www.olatheschools.org/cafe233.
The USDA is an equal opportunity provider and employer.



March Grill Day!

Celebrate School Lunch

A. Grilled Hamburger

B. Grilled Hot Dog

Y. Yogurt & Mini Pancakes

Lettuce/Onion/Tomato/Pickles

Cheddar Sun Chips

Baked Beans

Baby Carrots

Grapes*

Frozen Fruit Swirl

*Fruit may be substituted depending on seasonal availability

Sunnyside	Friday	March 1, 2019
Olathe East	Monday	March 4, 2019
Green Springs	Tuesday	March 5, 2019
Bentwood	Wednesday	March 6, 2019
Heatherstone	Thursday	March 7, 2019
Mission Trail	Friday	March 8, 2019
Rolling Ridge	Tuesday	March 19, 2019
Ravenwood	Thursday	March 21, 2019
Chisolm Trail	Friday	March 22, 2019
Briarwood	Friday	March 29, 2019



Do you have a food allergy? Wondering which items have pork in them? Do you need to know how many carbohydrates are in a food item? Check out our website for ingredient labels and nutrition facts. <http://www.olatheschools.org/cafe233>



National Nutrition Month: Put Your Best Fork Forward!

National Nutrition Month®

Create an eating style that includes a variety of your favorite, healthful foods.

- Serve regular, balanced meals and snacks with a variety of nutrient-rich foods.
- Provide calm, pleasant meal times where adults and children can talk together.
- Allow children to use their internal signals to decide how much and what to eat.

- Explore a variety of flavors and foods from different cultures and cuisines.
- Share an appreciation for healthful food, lovingly prepared and shared with others.
- Make simple food safety, such as washing hands, part of every eating occasion.
- Teach basic skills for making positive food choices away from home.

Source: <http://www.eatright.org>

Café 233 Job Openings

Check out our current openings at CafeJobs.OlatheSchools.com, and click on the 'Employment Application' link.



Café 233



Please visit www.olatheschools.org/cafe233 and click on **Catering and Classroom Treats** for details!