

January 2019 MS

A complete combo meal includes 1/2 cup fruit or vegetable plus two additional components

	1 Winter Break	2 Winter Break	3 Professional Day/No School	4 Professional Day/No School
7 French Toast Sticks & Sausage Cheese/Hamburger Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Skillet Potato/Baby Carrots/Salad Bar/ Mandarin Oranges/Chocolate Pudding	8 Corn Dog Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Salad Bar/ Strawberries & Peaches/	9 Breaded Steak Sandwich Boneless Hot Wing & Ranch Pasta Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Cheesy Mashed Potatoes/Ranch Pasta/ Salad Bar/Fruit Cocktail	10 Chicken Tender Strips & Roll Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Veggies/Green Peppers/ Salad Bar/Peaches	11 Fajita Chicken Bowl Cheese/Hamburger Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Roasted Corn & Black Beans/Salad Bar/ Rosy Applesauce/Choc Chip Cookie
14 Dutch Waffle & Sausage Cheese/Hamburger Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Pineapple	15 Chicken Nuggets & Roll Crispy Chicken Sandwich Pizza Bosco Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Mashed Potatoes & Gravy/Salad Bar/ Strawberries & Bananas/Brownie	16 Cheese Stuffed Burger Boneless Wings & Sunchips Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Fries/Salad Bar/Lemon Berry Swirl	17 Spaghetti & Meatballs Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Baked Beans/Salad Bar/Cinnamon Applesauce	18 Teriyaki Chicken w/Rice Cheese/Hamburger Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Roasted Cauliflower/Salad Bar/ Peaches & Pears
21 Martin Luther King Day/No School 	22 Chicken Tender Strips & Roll Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Salad Bar/ Celebration Frozen Fruit Cup	23 Dutch Waffle & Sausage Boneless Wings & Sunchip Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Sunshine Carrots/Salad Bar/Fruit Cocktail	24 Mini Corn Dogs & Mac N Cheese Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Mixed Veggies/Salad Bar/ Rosy Applesauce/Jello Cake	25 Fajita Bowl Cheese/Hamburger Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Salad Bar/ Peaches
28 Cinnamon Twist & Sausage Cheese/Hamburger Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Mandarin Oranges & Pineapple	29 Hot Dog & Sunchip Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Chili/Salad Bar/ Strawberries & Peaches/ Cinnamon Roll	30 Meatball Sub Sandwich Boneless Wings & Sunchip Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Corn/Salad Bar/Applesauce	31 Beef Quesadilla Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Pease & Carrots/Salad Bar/Fruit Cocktail	