

January 2019 HS

A complete combo meal includes 1/2 cup fruit or vegetable plus two additional components

| | 1 Winter Break | 2 Winter Break | 3 Professional Day/No School | 4 Professional Day/No School |
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| 7 French Toast Sticks & Sausage Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Skillet Potato/Baby Carrots/Salad Bar/ Mandarin Oranges/Chocolate Pudding | 8 Corn Dog Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Salad Bar/ Strawberries & Peaches/ | 9 Breaded Steak Sandwich Boneless Hot Wing & Pasta Salad Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Cheesy Mashed Potatoes/Ranch Pasta/ Salad Bar/Fruit Cocktail | 10 Chicken Tender Strips & Roll Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Veggies/Green Peppers/ Salad Bar/Peaches | 11 Fajita Chicken Bowl Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Roasted Corn & Black Beans/Salad Bar/ Rosy Applesauce/Choc Chip Cookie |
| 14 Dutch Waffle & Sausage Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Pineapple | 15 Chicken Nuggets & Roll Crispy Chicken Sandwich Pizza Bosco Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Mashed Potatoes & Gravy/Salad Bar/ Strawberries & Bananas/Brownie | 16 Cheese Stuffed Burger Boneless Wings & Sunchips Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Fries/Salad Bar/Lemon Berry Swirl | 17 Spaghetti & Meatballs Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Baked Beans/Salad Bar/Cinnamon Applesauce | 18 Teriyaki Chicken w/Rice Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Roasted Cauliflower/Salad Bar/ Peaches & Pears |
| 21 Martin Luther King Day/No School  | 22 Chicken Tender Strips & Roll Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Salad Bar/ Celebration Frozen Fruit Cup | 23 Dutch Waffle & Sausage Boneless Wings & Sunchip Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Sunshine Carrots/Salad Bar/Fruit Cocktail | 24 Mini Corn Dogs & Mac N Cheese Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Mixed Veggies/Salad Bar/ Rosy Applesauce/Jello Cake | 25 Fajita Bowl Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Salad Bar/ Peaches |
| 28 Cinnamon Twist & Sausage Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Mandarin Oranges & Pineapple | 29 Hot Dog & Sunchip Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Chili/Salad Bar/ Strawberries & Peaches/ Cinnamon Roll | 30 Meatball Sub Sandwich Boneless Wings & Sunchip Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Corn/Salad Bar/Applesauce | 31 Beef Quesadilla Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Pease & Carrots/Salad Bar/Fruit Cocktail | |

Kansas School Lunch Week Jan 22-25