

# November 2018 HS

A complete combo meal includes 1/2 cup fruit or vegetable plus two additional components

			Mini Corn Dogs & MacN <b>Cheese</b> <sup>1</sup> Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Mixed Veggies/Salad Bar/ Rosy Applesauce/ <b>Vanilla Pudding</b>	Fajita Chicken Bowl <sup>2</sup> Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Roasted Corn & Black Beans/Salad Bar/Peaches
Cinnamon Twist & Sausage <sup>5</sup> Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Mandarin Oranges & Pineapple	Hot Dog & Sunchips <sup>6</sup> Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Chili Cup/Salad Bar/Strawberries & Bananas/ <b>Cinnamon Roll</b>	Meatball Sub Sandwich <sup>7</sup> Boneless Wings & Sunchip Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Corn/Salad Bar/Applesauce	Beef Quesadilla <sup>8</sup> Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Peas & Carrots/Salad Bar/Fruit Cocktail	Walking Taco <sup>9</sup> Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Salad Bar/ Wild Cherry Frozen Fruit Cup
French Toast Sticks & Sausage <sup>12</sup> Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Skillet Potato/Baby Carrots/Salad Bar/ Mandarin Oranges	<b>HOLIDAY MEAL</b> <sup>13</sup> Sliced Turkey W/ Roll Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal / Hummus Meal Mashed Potatoes & Gravy/Stuffing/ Green Beans/Salad Bar/ Strawberries & Peaches/ <b>Pumpkin Dessert</b>	Country Steak Sandwich <sup>14</sup> Boneless Wings w/ Roll Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Sunshine Carrots/ Cauliflower/ Salad Bar/ Fruit Cocktail	Chicken Tender Strips & Roll <sup>15</sup> Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Veggies/Green Peppers/Salad Bar/Peaches	Fajita Chicken Bowl <sup>16</sup> Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Roasted Corn & Black Beans/Salad Bar/Rosy Applesauce
Dutch Waffle & Sausage <sup>19</sup> Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Pineapple	Chicken Tender Strips & Roll <sup>20</sup> Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Mashed Potatoes & Gravy/Salad Bar/ Strawberries & Bananas	 <p><i>Thanksgiving Break</i></p>		
French Toast Sticks & Sausage <sup>26</sup> Cheese/Hamburger & Sunchips Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Skillet Potatoes/Salad Bar/Mandarin Oranges/ <b>Carnival Cookie</b>	Chicken Tender Strips <sup>27</sup> Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Salad Bar/ Strawberries & Peaches	Chicken Parmesan Sandwich <sup>28</sup> Boneless Hot Wings & PastaSalad Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Sunshine Carrots/Italian Pasta Salad/ Salad Bar/Fruit Cocktail	Mini Corn Dogs & MacN <b>Cheese</b> <sup>29</sup> Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Mixed Veggies/Salad Bar/ Rosy Applesauce/ <b>Vanilla Pudding</b>	Fajita Chicken Bowl <sup>30</sup> Cheese/Hamburger & Sunchips Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Roasted Corn & Black Beans/Salad Bar/Peaches