

## November 2018-19 Lunch HL HM BB

|     |                             |                                     |                                     |   |                      |
|-----|-----------------------------|-------------------------------------|-------------------------------------|---|----------------------|
| wk4 |                             |                                     |                                     | <b>1-Nov</b>                              | <b>2-Nov</b>         |
|     |                             |                                     |                                     | WG Wow Butter Sandwich w/<br>Cheese Stick | Deli Turkey Sandwich |
|     |                             |                                     |                                     | Romaine Salad                             | Fresh Cauliflower    |
|     |                             |                                     |                                     | Broccoli & Ranch                          | Apple Slices         |
|     |                             |                                     |                                     | Strawberries and Bananas                  |                      |
|     |                             |                                     |                                     | 1% Milk                                   | 1% Milk              |
| wk1 | <b>5-Nov</b>                | <b>6-Nov</b>                        | <b>7-Nov</b>                        | <b>8-Nov</b>                              | <b>9-Nov</b>         |
|     | Chicken Tender Bites        | Chili                               | Dutch Waffle & Sausage Links        | WG Beef Soft Tacos                        | Cheese Pizza         |
|     | Romaine Salad               | Steamed Baby Carrots                | Potato Smiles                       | Taco Fiesta Beans                         | Romaine Salad        |
|     | Corn                        | Creamy Broccoli Salad (no<br>bacon) | Cucumbers                           | Shredded Lettuce                          | Broccoli & Cheese    |
|     | Applesauce                  | Strawberries/Peaches                | Pears                               | Fruit Cocktail                            | Applesauce           |
|     |                             | Cinnamon Roll                       |                                     |   |                      |
|     | 1% Milk                     | 1% Milk                             | 1% Milk                             | 1% Milk                                   | 1% Milk              |
| wk2 | <b>12-Nov</b>               | <b>13-Nov</b>                       | <b>14-Nov</b>                       | <b>15-Nov</b>                             | <b>16-Nov</b>        |
|     | WG Breaded Chicken Sandwich | WG Chicken Strips                   | Cheese Pizza                        | A. Turkey & Dinner Roll (1oz)             | Fish Sticks & Roll   |
|     | Romaine & Spinach Salad     | Shredded lettuce Salad              | Steamed Baby Carrots                | Mashed Potatoes & Gravy                   | Romaine Salad        |
|     | Sunshine Carrots            | Cheesy Potatoes                     | Pineapple                           | Corn                                      | California Veggies   |
|     | Mandarin Oranges            | Fruit Cocktail                      | Pears                               | Romaine & Spinach Salad                   | Apple Slices         |
|     | 1% Milk                     | 1% Milk                             |                                     | Peaches                                   |                      |
|     |                             |                                     |                                     | Pumpkin Dessert                           | 1% Milk              |
| wk3 | <b>19-Nov</b>               | <b>20-Nov</b>                       | <b>21-Nov</b>                       | <b>22-Nov</b>                             | <b>23-Nov</b>        |
|     | WG Chicken Nuggets          | WG Cheese Bosco w/ Marinara         |                                     |   |                      |
|     | Mashed Potatoes & Gravy     | Power Salad (No bacon)              |                                     |   |                      |
|     | Fresh Broccoli              | Mandarin Oranges                    |                                     |   |                      |
|     | Pineapple                   | Strawberries/Peaches                |                                     |   |                      |
|     | 1% Milk                     | 1% Milk                             |                                     |   |                      |
| wk4 | <b>26-Nov</b>               | <b>27-Nov</b>                       | <b>28-Nov</b>                       | <b>29-Nov</b>                             | <b>30-Nov</b>        |
|     | Mac & Cheese w/ Roll        | WG Chicken Strips                   | Fr. Toast Sticks & Sausage<br>Links | WG Wow Butter Sandwich w/<br>Cheese Stick | Cheeseburger w/ Bun  |
|     | Romaine Salad               | Romaine Salad                       | Potato Triangles                    | Romaine Salad                             | Salad Mix            |
|     | Green Beans                 | Peaches                             | Mandarin Oranges                    | Broccoli & Ranch                          | Baked Beans          |

|         |                 |           |                          |                |
|---------|-----------------|-----------|--------------------------|----------------|
| Pears   | Rosy Applesauce | Pineapple | Strawberries and Bananas | Fruit Cocktail |
| 1% Milk | 1% Milk         | 1% Milk   | 1% Milk                  | 1% Milk        |
|         |                 |           |                          |                |