

September 2018 MS

A complete combo meal includes 1/2 cup fruit or vegetable plus two additional components



SCHOOL LUNCH

WHAT'S COOKING?

	1	2	3
Labor Day/No School 3	4 Chicken Tender Strips Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Salad Bar/ Strawberries & Peaches	5 Chicken Parmesan Sandwich Boneless Hot Wings & Pasta Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Sunshine Carrots/Italian Pasta Salad/Salad Bar/Fruit Cocktail	6 Mini Corn Dogs & MacN Cheese Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Mixed Veggies/Salad Bar/ Rosy Applesauce/Vanilla Pudding
7 Fajita Chicken Bowl Cheese/Hamburger Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Black Beans/Roasted Corn & Black Beans/Salad Bar/Peaches	10 Cinnamon Twist & Sausage Cheese/Hamburger Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Mandarin Oranges & Pineapple	11 Hot Dog Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Chili Cup/Salad Bar/Strawberries & Bananas/Cinnamon Roll	12 Meatball Sub Sandwich Boneless Wings & SunChips Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Corn/Salad Bar/Applesauce
13 Beef Quesadilla Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Peas & Carrots/Salad Bar/Fruit Cocktail	14 Walking Taco Cheese/Hamburger Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta Beans/Shredded Lettuce/ Salad Bar/Wild Cherry Frozen Fruit Cup	17 French Toast Sticks & Sausage Cheese/Hamburger Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Skillet Potato/Baby Carrots/Salad Bar/ Mandarin Oranges/Chocolate Pudding	18 Corn Dog Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Broccoli & Cheese/Grape Tomatoes/ Salad Bar/Strawberries & Peaches
19 Country Steak Sandwich Boneless Hot Wing & Pasta Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Cheesy Mashed Potatoes/Ranch Pasta/ Salad Bar/Fruit Cocktail	20 Chicken Tender Strips & Roll Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal California Veggies/Green Peppers/Salad Bar/Peaches	21 Fajita Chicken Bowl Cheese/Hamburger Cheese Bosco w/Marinara Spicy Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Taco Fiesta BlackBeans/Roasted Corn & BlackBeans/Chopped Tomatoes/Salad Bar/Rosy Applesauce/Sugar Cookie	24 Dutch Waffle & Sausage Cheese/Hamburger Pizza Bosco Southwest Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Potato Triangles/Salad Bar/Pineapple
25 Chicken Nuggets & Roll Crispy Chicken Sandwich Pizza Slice Chicken Caesar Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Mashed Potatoes & Gravy/Salad Bar/ Strawberries & Bananas/Brownie	26 Cheese Stuffed Burger Boneless Wings & Sun Chips Pizza Slice Chicken Bacon Ranch Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Fries/Salad Bar/Lemon Berry Swirl	27 Spaghetti & Meatballs Spicy Chicken Sandwich Pizza Slice Buffalo Chicken Salad Sub Sandwich Uncrustable Meal Yogurt Meal Hummus Meal Baked Beans/Salad Bar/Cinnamon Applesauce	28 Professional Day/ No School