

Middle School Breakfast Menu

Cycle Week Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Mini Cinnis Sausage Cheese Biscuit French Toast Sticks (IW)	Sausage Breakfast Pizza Breakfast Bites	Pancake/Sausage Stick Sausage Cheese Biscuit Long John	Bacon Breakfast Pizza French Toast/Sausage (syrup)	Dutch Waffles Tornado Sausage Cheese Biscuit

<i>Available Daily (variety based on availability)</i>		
Grain/Yogurt Combo	Any Two of These	Plus Fruit and/or Milk
<u>Cereal</u> Apple Jacks Golden Grahams Froot Loops Lucky Charms	<u>Cereal Bars</u> Cocoa Puffs Cinnamon Toast Crunch Trix	<u>Yogurt</u> Vanilla Strawberry (must take 1 grain with yogurt)

<i>Available Daily (variety based on availability)</i>			
Grain Combo	Any 1 of these	Plus Fruit and/or Milk	
<u>Benefit Bar</u> French Toast Oatmeal Chocolate Chip Double Chocolate Chip	<u>Breakfast Buns</u> Oatmeal Cinnamon Bun Apple/Cinnamon Bun	<u>Muffin</u> Blueberry Double Chocolate Chip	<u>Breakfast Breads</u> Banana Cinnamon Mini Donuts Uncrustables